
5th Edition of the International Mano Amiga Awards

Opened the deadline to submit candidacies for The International Mano Amiga Awards, which recognize the work in support to people affected by Alzheimer's disease.

- Alzheimer León Association announces today the 5th edition of the International Mano Amiga Awards
- In this edition two new institutions join the jury: Karolinska Institute and CIEN Foundation
- The International 'Mano Amiga' Awards promote the role of inspirational people and institutions who encourage and support the quest for effective solutions to Alzheimer's, and who develop innovative research models and aid programs which improve the quality of life of sufferers and their families
- The deadline to submit candidacies begins on February 1st and ends on February 29st, 2016.
- Among the winners in previous editions are; the Pasqual Maragall Foundation, the doctors Mercé Boada and Barry Reisberg such as the researchers Javier de Felipe and Jesus Avila.



On February 1st, 2016: The Alzheimer León association, nonprofit organization, announces the 5th edition of the International Mano Amiga Awards

The deadline to submit candidacies begins on February 1st and ends on February 29st, 2016. Candidacies may be presented by e-mail to the following address: info@premiosmanoamiga.es By post or handing it in at Alzheimer León, and through the website of the International Mano Amiga Awards: www.premiosmanoamiga.es

As is tradition, the International Mano Amiga Awards Ceremonies will be held in León, Spain, in autumn. The International 'Mano Amiga' Awards promote the role of inspirational people and institutions who encourage and support the quest for effective solutions to Alzheimer's, and who develop innovative research models and aid programs which improve the quality of life of sufferers and their families.

Hereinafter, the International Mano Amiga Awards will have biennial character, and the jury will consist for academic representatives, from health and culture sector, have now two new members. Two institutions with great importance in the research and treatment of the disease: CIEN Foundation (Center for Research in Neurological Disease) and Alzheimer Research Center of the Swedish Karolinska Institute .

The awards are given in three categories: Mano Amiga Award **in the category of Institution:** which recognizes the work of an institution, entity or group for their actions, and work experience in the fight against Alzheimer's disease. Mano Amiga Award **in the category of Individual:** which recognizes the work undertaken by professionals in the fields of research, joint studies and development on behalf of people affected by Alzheimer's disease. Mano Amiga Award **in the category of**

Individual Recognition from the general public: which recognizes the work undertaken and commitment made anonymously by individuals and groups on behalf of people affected by Alzheimer's disease.

About The International Mano Amiga Awards:

In 2011, to celebrate the 20th anniversary of the Association, Alzheimer León initiated the International 'Mano Amiga' Awards to promote awareness of the disease, emphasize its scope and increase society's understanding of it.

With these awards, Alzheimer León has recognized the work of eminent researchers and institutions.

The International Mano Amiga Awards bring together more than 750 people to honour the award winners whose work is recognized year after year

Award winners in previous editions:

In the 4th Edition of International Mano Amiga Awards (2014)

- Mano Amiga Award in the category of Institution: **French Alzheimer's Plan**. In recognition of its decade-long history in the fight against dementias, during which time it has become an international pioneer and reference point in the triple challenge which is Alzheimer's Disease – scientific, medical and social. The Plan has resulted in an unprecedented effort being made which has resulted in promoting early diagnosis, providing better treatment and care for patients and their families and carers, and which has obtained more effective aid and thus promoted research.
- Mano Amiga Award in the category of Individual: **Professor Jesús Ávila de Grado**. In recognition of his renowned contribution to a better understanding of Alzheimer's Disease through research into the function of microtubular proteins found in neurons. His outstanding studies suggest that the extra- cellular Tau protein may play a role in the transmission of the

pathology detected in Alzheimer's disease from the hippocampal region to the cortex.

- Mano Amiga Award in the category of Individual Recognition from the general public: **Manuel Díez, Basilia's carer**. In recognition of his selfless commitment and exemplary dedication to his wife's care and welfare for more than 25 years, a period in which he also undertook thorough field work, compiling extraordinary audiovisual data on the evolution of the disease, data which is a valuable contribution to the promotion of awareness of the disease.

In the 3th Edition of International Mano Amiga Awards (2013)

- Mano Amiga Award in the category of Institution: **Alzheimer's Research Centre at the Karolinska Institute** (Sweden). In recognition of its contribution to awareness and study of Alzheimer's Disease and for its efforts in the search for risk factors which influence the development of the disease
- Mano Amiga Award in the category of Individual: **Professor Javier de Felipe Oroquieta**. In recognition of his research activities in the field of neuroscience and for his contribution to significant advances in the study of Alzheimer's disease and for the launch of national and international schemes which will provide a greater and more precise understanding of the disease.
- Mano Amiga Award in the category of Individual Recognition from the general public: **Ms. Magdalena Hernández Mediero**. In recognition of her efforts and dedication in the creation of the family members' association

group in Spain and as president in the 90s of one of the first family members' associations, set up in the city of Salamanca.

In the 2nd Edition of the International Mano Amiga Awards (2012)

- Mano Amiga Award in the category of Institution: **CIEN Foundation**. In recognition of its research into Alzheimer's Disease and its management of the Centre for Biomedical Research into Neurodegenerative Diseases, known in Spanish as CIBERNED, an organization whose principal aim is monographical research, broadly defined, into neurodegenerative diseases.
- Mano Amiga Award in the category of Individual: **Dr Mercé Boada**. She is a pioneer in the design of a model for personalized attention for sufferers of Alzheimer's Disease, a model which has been introduced into multi-disciplinary care units and Day Centres to enable the treatment of psychostimulation. The award is also in recognition of her talent for increasing social and medical understanding of Alzheimer's Disease, and of her humanity and empathy in dealing with sufferers and their families

In the 1st Edition of the International Mano Amiga Awards (2011)

- Mano Amiga Award in the category of Institution: **Consortium of the Reina Sofía Foundation and the Pasqual Maragall Foundation**. In recognition of its program, Alzheimer International 2011, the Year of Research into Alzheimer's Disease. Within the framework of the International Year of Alzheimer's Disease 2011, which served as a platform for the presentation of the latest advances made in research into Alzheimer's from two related fields– the Field of Basic and Clinical Research and the Field of Social and Health-orientated Research.
- Mano Amiga Award in the category of Individual: **Barry Reisberg**. In recognition of his dedication to non-pharmacological research into

Alzheimer's Disease, and as the creator of the Global Deterioration Scale (GDS), internationally recognized as a benchmark for establishing the patient's true state and for the care it affords to sufferers. This describes the concept of retrogenesis – the sufferer loses physical and mental capacities in reverse order to that in which they were acquired.

More Information

info@premiosmanoamiga.es

www.premiosmanoamiga.es

phone: +34987260796

